

Governor Susana Martinez Proclaims September National Substance Abuse Disorders and Mental Health Recovery Month in New Mexico

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SANTA FE – Governor Susana Martinez is encouraging the citizens of New Mexico to observe the month of September as Recovery Month.

“Recovery Month is to celebrate individuals who have achieved long-term recovery, acknowledge those who work in the prevention, treatment and recovery services field, and to encourage individuals in need to seek help,” said Governor Susana Martinez in her proclamation.

“There are many New Mexicans who would like to join recovery but aren’t sure where to start,” said Linda Homer, CEO of the NM Behavioral Health Collaborative. Attending one of the several local events scheduled across the state for Recovery Month, which are posted on the Substance Abuse and Mental Health Administration’s Voices of Recovery web site [<http://www.recoverymonth.gov>] is a good first step, as well as joining a support group, which are available in communities across the state.”

The Collaborative’s Talk About It New Mexico social inclusion campaign includes a resource website for people to reach out online through chats, through local groups and by phone for help they might need getting into recovery. Visit www.talkaboutitnewmexico.org.

Also part of Recovery Month, are a few celebrations scheduled across the state, which include:

- o Recovery Day on the Plaza, Santa Fe – September 17, 2011 10:00 a.m. to 4:00 p.m. – This annual Recovery Month event is an awareness building event where all the agencies in the Santa Fe Community that do recovery work have booths. There is live music, special guests and free water and snacks.
- o Sober Fest, Alamogordo Granada Shopping Center – September 24, 2011 2:00p.m. to 8:00p.m. – Celebrate recovery with music, dance, food booths and speakers at the Granada Shopping Center on 7000 1st Street.

The Governor’s “National Substance Abuse Disorders and Mental Health Recovery Month.” Proclamation can be found on the Collaborative website <http://www.bhc.state.nm.us/>.

Full text of the proclamation is below:

WHEREAS, BEHAVIORAL HEALTH IS AN ESSENTIAL COMPONENT OF HEALTH
AND

WELLNESS. TREATMENT IS AN EFFECTIVE TOOL AND PEOPLE WITH SUBSTANCE USE AND MENTAL DISORDERS CAN AND DO RECOVER, AND,

WHEREAS, APPROXIMATELY THREE-QUARTERS OF THE POPULATION BELIEVES THAT RECOVERY IS POSSIBLE FROM ADDICTION AND THAT TWO-THIRDS OF AMERICANS BELIEVE THAT TREATMENT AND SUPPORT CAN HELP PEOPLE WITH MENTAL ILLNESSES LEAD NORMAL LIVES, AND,

WHEREAS, EDUCATING OUR COMMUNITY ABOUT HOW SUBSTANCE USE DISORDERS AFFECT ALL PEOPLE IN THE COMMUNITY IS ESSENTIAL TO COMBAT MISCONCEPTIONS ASSOCIATED WITH ADDICTION AND MENTAL ILLNESS; AND,

WHEREAS, THE MISSION OF RECOVERY MONTH IS TO CELEBRATE INDIVIDUALS WHO HAVE ACHIEVED LONG-TERM RECOVERY, TO ACKNOWLEDGE THOSE WHO WORK IN THE PREVENTION, TREATMENT AND RECOVERY SERVICES FIELD, AND TO ENCOURAGE INDIVIDUALS IN NEED TO SEEK HELP, AND,

WHEREAS, RECOVERY MONTH GOALS ARE TO INCREASE PUBLIC AWARENESS OF SUBSTANCE USE AND MENTAL DISORDERS AND OFFERING RECOVERY SUPPORT THROUGH AN INDIVIDUAL, PROGRAM, AND SYSTEM APPROACH, AND,

WHEREAS, TO HELP MORE PEOPLE ENTER A PATH OF RECOVERY, NM HUMAN SERVICES DEPARTMENT'S BEHAVIORAL HEALTH SERVICES DIVISION, AND THE NM BEHAVIORAL HEALTH COLLABORATIVE INVITE ALL RESIDENTS OF NEW MEXICO TO PARTICIPATE IN RECOVERY MONTH (NATIONAL ALCOHOL AND DRUG ADDICTION RECOVERY MONTH);

NOW, THEREFORE, I, SUSANA MARTINEZ, GOVERNOR OF THE STATE OF NEW MEXICO, BY VIRTUE OF THE AUTHORITY VESTED IN ME BY THE LAWS OF THE STATE OF NEW MEXICO, DO HEREBY PROCLAIM THE MONTH OF SEPTEMBER 2011 AS

“RECOVERY MONTH”

THROUGHOUT THE STATE OF NEW MEXICO AND CALL UPON THE PEOPLE OF NEW MEXICO TO OBSERVE THIS MONTH WITH APPROPRIATE PROGRAMS, ACTIVITIES, AND CEREMONIES IN LOCAL COMMUNITIES THROUGHOUT THE STATE.

SIGNED AT THE EXECUTIVE OFFICE THIS
30TH DAY OF AUGUST 2011.

SIGNED AT THE EXECUTIVE OFFICE ATTEST:
THIS 31ST DAY OF AUGUST 2011.

WITNESS MY HAND AND THE GREAT DIANNA J. DURAN
SEAL OF THE STATE OF NEW MEXICO. SECRETARY OF STATE

SUSANA MARTINEZ
GOVERNOR